

ACKNOWLEDGEMENT OF HAZARD/ASSUMPTION OF RISK AND WAIVER OF LIABILITY FOR
SPORTS & RECREATION AND CATALYST MINISTRIES OF WOODMEN
VALLEY CHAPEL (WVC)

Participant's Name:

Phone#

Email address: _____

Mailing address: _____

Activity: Mountain Biking, Hiking, Volleyball, Other: _____

I, _____ am aware that the WVC Sports & Recreation/Catalyst activity(ies) that I am participating in may include one or more of the following hazard(s) that may result in personal harm and/or death. As it is impossible to predict all situations, this is not an all-inclusive list:

1. UNPREDICTABLE AND DANGEROUS ENVIRONMENTAL CONDITIONS AND/OR HAZARDS including, but not limited to; snow, rain, very cold and very hot temperatures, lightning, altitude, loose rock, falling rock and or ice, avalanche, sun exposure, mud, snow and other slippery conditions. I understand the risks inherent in outdoor activities caused by the environment either natural or man made.
2. POTENTIAL FAILURE OR MISUSE OF TECHNICAL EQUIPMENT/MACHINERY including but not limited to ice axes, mountain bikes, gas stoves and or lanterns, and electrical devices. I understand the risks of equipment failure and/or the dangers caused by misuse of equipment includes but is not limited to broken/damaged bones/joints/tendons/ligaments, impalement, burns, lacerations, electrical shock, loss of vision from explosive stoves and/or lanterns, and poisoning from ingestion of fuels.
3. ACTIVITIES STRESSING THE CARDIO-RESPIRATORY SYSTEM including, but not limited to; walking/running/hiking, horseback riding, and other similar activities. I understand that the reaction of the heart, lung and blood vessel system to these activities cannot always be predicted with accuracy. I know there is a risk of certain abnormal changes occurring during or following activity which may include abnormalities of blood pressure or heart-rate, ineffective functioning of the heart and in rare instances, heart attack.
4. ALTITUDE COMPLICATIONS including by not limited to; loss of breath, headaches, dizziness, nausea, mountain sickness, pulmonary edema, cerebral edema. I understand that some of WVC's Sports & Recreation/Catalyst activities are conducted at altitudes that can cause complication that may result in permanent injury and/or death.
5. FITNESS COMPLICATIONS: all of WVC's Sports & Recreation/Catalyst activities and events require an appropriate level of fitness, and some events require a higher level of fitness to participate than others. I agree that I am at a fitness level that is appropriate and needed to participate in this activity. I also understand that a trained guide/leader can deny my participation if they deem my fitness level is not appropriate for this event. It is my duty to report any current or past health concerns that could affect my health and safety, and therefore the safety of the group, to a guide or leader prior to the event.

I AM RESPONSIBLE FOR MY OWN SAFETY

If I see or hear anything I feel is questionable and/or dangerous, it is my responsibility to inform the WVC Sports & Recreation/Catalyst staff and ensure the situation is satisfactorily corrected. I understand the need to maintain a high level of self-orientation in regards to safety. Guides are not able to watch me at all times, as doing so would risk the safety of the guide and guide team, and/or other participants. I have been informed of and understand the risks involved in this activity and I am participating by my own choice.

RELEASE: I hereby release and discharge WVC and WVC's Sports & Recreation/Catalyst Ministries, its guides and staff from any and all liabilities, suits, claims and demand actions or damages (including attorneys fees and disbursement) incurred by me and arising out of my participation or intended participation in activities and/or services arranged for me by WVC and WVC's Sports & Recreation/Catalyst Ministries and its guides and staff, including, without limitation, all claims for property damage, personal injuries or wrongful death except to the extent that such loss or damages is caused by or results from gross negligence on the part of any party. This release is binding on my heirs, assigns, and agents.

If any provision of the Agreement shall be determined, by Court having jurisdiction, to be invalid, or illegal or unenforceable, the remainder of this Agreement shall not be affected but shall continue in full force and effect as though such invalid, illegal or unenforceable provision was not originally a part of this Agreement.

This Agreement shall be construed in accordance with and governed by the laws of the State of Colorado, irrespective of the fact that a party hereto may not be a resident of that State.

X _____ Date _____ X _____

Date _____
Signature of Participant _____ Signature of parent if participant is under 18 _____