

## **LOVING LIFE, PART 18 • A Life-Giving Diet**

Pastor Matt Heard, Read: John 4:27-42

October 20/21, 2007

**1. All of Me: My whole person**

**2. All of You: Christ's Body**

**3. All of God: His Power**

### **Questions:**

- 1.** Jesus came to model authentic Biblical humanity. A healthy human being is one who drinks from the well of submission to truth and submission to the will of God. Too often we want the life-giving water, but fail to submit our lives to the truth of God found in the Scriptures. Describe a time in your life when you did not consistently submit to the truth of God.

### **All of Me: My Whole Person**

Food and drink for Jesus was to model the will of the One who sent Him. To give our whole person to God in submission, we must do so with three critical areas of our lives: our time, our abilities, and our finances.

- 2.** What does/could my life look like when I submit my time to God's will? Explain.

Ephesians 5:15-16 *"Be very careful, then, how you live – not as unwise but as wise, making the most of every opportunity, because the days are evil."*

- 3.** What does/could my life look like when I submit my abilities to God's will? Explain.

Romans 12:4-8 *"Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others. We have different gifts, according to the grace given us. If a man's gift is prophesying, let him use it in proportion to his faith. If it is serving, let him serve; if it is teaching, let him teach; if it is encouraging, let him encourage; if it is contributing to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully."*

- 4.** What does/could my life look like when I submit my finances to God's will? Explain.

1 Timothy 6:17-19 *"Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in god, who richly provides us with everything for our enjoyment. Command them to do good, to be rich in good deeds, and to be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life."*

*continued >*

*Loving*  
**Life**  
*A journey*  
through  
the Gospel of John

### **All of You: Christ's Body**

5. If you are a follower of Jesus, you are a part of Christ's body. This allows us to do as a whole what we cannot do individually. For Jesus' will to be done in our community, we *must* be the body of Christ. This involves our coming together in two areas – our works and our words.

Our Works: Which part of the body are you? What gifts can/do you contribute to the whole (body of Christ)? How are you using those gifts?

Our Words: Are you inviting those people that you interact with regularly to "come and see"? How are you currently putting the truth of what you believe into action verbally? Explain.

1 Corinthians 12:12-14, 27 *"The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ. For we were all baptized by one Spirit into one body – whether Jews or Greeks, slave or free – and we were all given the one Spirit to drink. Now the body is not made up of one part but of many. . . Now you are the body of Christ, and each one of you is a part of it."*

### **All of God: His Power**

6. Pastor Matt referred to a recent headline about the Colorado Rockies potential run to the World Series that read, "It Could Happen." Since that newspaper hit the newsstands, the Rockies have indeed earned their first-ever trip to the Fall Classic. The same can be said about our journey of faith – it could happen. What is the "it" on your journey of faith that "could happen" if you were to embrace who you are in Christ and submit yourself to His power and His purpose? (Take a few moments to dream, then journal what God might do through you as you trust in His power.)

John 4:35 *"I tell you, open your eyes and look at the field! They are ripe for harvest."*