



LECTIO DIVINA

“SACRED READING” • PSALM 145:1-13a

LECTIO (“Reading”)

Listening to His Word

Leader:

*I will exalt you, my God the King;
I will praise your name for ever and ever.*

All:

*1 I will exalt you, my God the King;
I will praise your name for ever and ever.*

*2 Every day I will praise you
and extol your name for ever and ever.*

*3 Great is the LORD and most worthy of praise;
his greatness no one can fathom.*

Leader:

*4 One generation will commend your works to another;
they will tell of your mighty acts.*

All:

*5 They will speak of the glorious splendor of your majesty,
and I will meditate on your wonderful works.*

*6 They will tell of the power of your awesome works,
and I will proclaim your great deeds.*

*7 They will celebrate your abundant goodness
and joyfully sing of your righteousness.*

Leader:

*8 The LORD is gracious and compassionate,
slow to anger and rich in love.*

*9 The LORD is good to all;
he has compassion on all he has made.*

All:

*10 All you have made will praise you, O LORD;
your saints will extol you.*

*11 They will tell of the glory of your kingdom
and speak of your might,*

*12 so that all men may know of your mighty acts
and the glorious splendor of your kingdom.*

*13 Your kingdom is an everlasting kingdom,
and your dominion endures through all generations.*

MEDITATIO (“Meditating”)

Savoring His Word

*But my delight is in the Word of the Lord, and on Your Word
I meditate day and night. (Psalm 1:2)*

Words, phrases, sentences:

What is His Spirit emphasizing to you?

ORATIO (“Praying”)

Responding to His Word

Leader:

*Great is the LORD and most worthy of praise;
his greatness no one can fathom.*

*All you have made will praise you, O LORD;
your saints will extol you.*

Group A:

*1 I will exalt you, my God the King;
I will praise your name for ever and ever.*

*2 Every day I will praise you
and extol your name for ever and ever.*

*3 Great is the LORD and most worthy of praise;
his greatness no one can fathom.*

Group B:

*4 One generation will commend your works to another;
they will tell of your mighty acts.*

*5 They will speak of the glorious splendor of your majesty,
and I will meditate on your wonderful works.*

*6 They will tell of the power of your awesome works,
and I will proclaim your great deeds.*

*7 They will celebrate your abundant goodness
and joyfully sing of your righteousness.*

Group A:

*8 The LORD is gracious and compassionate,
slow to anger and rich in love.*

*9 The LORD is good to all;
he has compassion on all he has made.*

Group B:

*10 All you have made will praise you, O LORD;
your saints will extol you.*

*11 They will tell of the glory of your kingdom
and speak of your might,*

*12 so that all men may know of your mighty acts
and the glorious splendor of your kingdom.*

All:

*13 Your kingdom is an everlasting kingdom,
and your dominion endures through all generations.*

CONTEMPLATIO (“Listening”)

Resting with His Word

Leader:

*For God alone my soul waits in silence; from him comes my salvation.
For God alone, O my soul, wait in silence, for my hope is from him.*

(Psalm 62:1,5)

In silence: Listen for Him to continue speaking.